

# Chennai School of Music Therapy



First time in India, a musical pre- school curriculum has been developed by a team of experts in the field from Chennai School of Music Therapy. With nurturance of pre academic skills, Music Mom also tries to incorporate Indian values, culture and musical tradition in learning process and development of children in school context.

## What is Music Mom?

Music Mom is a structured early childhood Education programme through music and movement which aims to support and facilitate overall development in children. Children love music making activities for which no musical training is necessary beforehand. This natural response to music is innate and present from birth. Adapting the approach of innate musicality, Music Mom uses music as a tool for communication and learning with children in pre school setting. Music mom is based on the principles of child development, developmental psychology of music and the techniques of music therapy to give a child a maximum exposure to grow, develop and learn with fun and enjoyment through the sounds of music.

## What does Music Mom targets?

Music Mom is a singing, moving and playing instruments programme targeting to build pre-academic skills in pre-schoolers and



kindergarteners. Music Mom has designed musical activities for major developmental areas like motor, sensory-perceptual, cognitive, social, emotional, communication, creativity and cultural.

## What is the target group?

This learning programme is for kids going to play school and pre-school and also the kindergarteners.

## What is the difference between a music class and Music Mom?

Music and movements are used to build Pre- academic skills and to support healthy physical and psychological development. In Music Mom, the targets are not to teach music in a formal way like any Music Class.

## What are the benefits of Music Mom ?

Experts in Music Therapy, Psychology, and in Early Childhood Development have demonstrated that music does more for children than bring them joy; it helps their brain cells make the connections needed for every kind of intelligence. Music Mom curriculum is built on this research. Children love and benefit from music making activities. The activities in Music Mom are designed in a way that music is used as a medium of interaction and communication between teacher and the child and among children themselves for learning. Through spontaneous interactive music making they get opportunity to explore and learn musically. Evaluation is an integral part of Music Mom. Learning takes place only when the learners enjoy the process of learning and feels motivated to learn more. The nonthreatening, non demanding mode of learning through music in Music Mom ensures children's fun, enjoyment and motivation to learn and to be musical in life. By moving and dancing to music and playing simple instruments which are specially designed for this course, children improve their gross and fine motor skills. Activities that encourage freedom within a

fun and friendly structure spark their creativity. Finally they develop love on music.

#### What are the advantages of Music Mom Instruments Kit?

- Attractive for children
- Exploration of sound
- Manipulation of sound
- Tactile sensation
- Easy to play no training is needed
- Grow interest to play musical instruments
- Enhances fine motor skills
- Sensory-perceptual-motor coordination
- Explore creativity in children
- Support for improvisation
- Non verbal way of expressing oneself



#### What is the Curriculum design?

Curriculum includes theoretical orientations, characteristics, planning and components. The goal, objectives, material, method, suggested practice and adaptation of each and every activity are clearly mentioned for implementation by a trained music mom teacher. Music Mom kit is integral part of the programme in which musical instruments have been specially made with natural materials (like wood, shell etc.) in a child friendly way based on modern technologies.

FAQ :

#### Q : At what age can child start Music Mom?

A : Children who are in between 2 to 6, which means pre-schoolers, kindergarteners and play schoolers can join in this program.

#### Q : Who could be a franchise teacher for the programme?

A: Any graduate who is creative in adopting teaching methods. Musical skills may be preferred but not mandatory.

#### Q : What happens in Music Mom class?

A: Class activities vary depending on age of child. But most of the classes involve a mix of singing, simple instrument play, dancing and movement, story time, Theatre, craft and other musical activities. These activities are designed to develop & strengthen child's physical and neural functions, social emotional skills, cultural development, early literacy, early math and much more.

#### Q : Can children with special needs join in this program ?

A: We welcome special needs children and have found they thrive in the Music Mom environment.

#### Q : Who will run this programme in Schools?

A: Chennai School of Music Therapy trains the franchisee school teachers through a workshop and by offering various teaching tools to assist the goal seeking. A training kit which includes structured activities provided by modules and a set of musical instruments to be used for the training will also be provided.

If you need a franchise, please contact

**Chennai School of Music Therapy**

Email: [info@chennaiusictherapy.org](mailto:info@chennaiusictherapy.org)

No.6, Nehru Street, M.G.R Nagar, Pallikaranai, Chennai 600100.