



Specialised Course on The Art and Science of Indian Theories & Techniques of Music Therapy



Duration

One month
(during the week
ends)



Assessments:

Assignments,
portfolio writing,
pre and post tests

Eligibility

Any bachelor's
degree with
demonstrable
musical skills



ABOUT US

Chennai School of Music Therapy is a Corporate entity committed to taking Music Therapy clinical practice, education and research to modern health care delivery system in India, providing through professional training initiatives and consultancy services.



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Learning Objectives

1. Understand the bio-psycho and socio-cultural basis of music in Indian context to (apply/implement/practice) in music therapy
2. Understand how cultural factors influence the relationship between the man and music and its implication in therapy
3. Understand the music healing traditions and practices in Indian context
4. Understand Indian time theory, rasa theory and Indian philosophical resources and review these theories with the Chrono biological basis.

Learning Outcomes

1. Develop the understanding of tuning into the needs of client specific to his/her cultural background
2. Define healing and differentiate between healing and music therapy
3. Develop the understanding of multidimensional use of music in therapy
4. Understand the scientific basis to integrate the Indian theories of ragas and rasas in therapy

COURSE FEES : RS 10,000

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